

- underserved population groups
- Improving access to sport at the centre for young people with disabilities
- Initiating and coordinating social development activities and projects
- Providing psycho-social counselling

#### 6. Sport Academy

- Plan and coordinate talent identification activities
- Plan and coordinate talent development activities for enrolled academy athletes
- Plan and organise competitions for various age categories
- Liaise with National Federations for athlete development support
- Coordinate and supervise athlete support and life skills development staff and volunteers



#### OTHER PROGRAMMES AND SERVICES

##### 1. Olympic Academy-Education

- Children's camps,
- Athletes sessions
- Teacher and coaches peer leaders training
- Values sensitization through public and media events

##### 2. Health services

- Community health checks
- Dental and eyesight services
- First aid
- Health education

##### 3. Facilities

- Education rooms for meetings and conferences
- Fitness centre
- Children's play park
- Internet café
- Cafeteria

- Video shows on educational and Sports documentaries
- Sports library

#### 4. Sports education, fitness and leadership

- Administrator's courses
- Athletes trials and meetings
- Athletes and Sports shows or exhibitions
- League matches and tournaments
- Coaching and match officiating courses
- Sports camps
- Inter company sports activities

#### 5. Sports for social change

- Gender education and girl empowerment
- Life skills
- Psychosocial support
- Sports for development leadership courses
- Peer education

#### SPORTS CODES

The centre has the facilities for the following sporting disciplines:

- Athletics
- Badminton
- Basketball
- Board games
- Boxing
- Football
- Handball
- Hockey
- Indoor soccer
- Judo
- Netball
- Taekwondo
- Tennis
- Table tennis
- Volley ball and,
- Zambian indigenous games

### OLYMPIC YOUTH DEVELOPMENT CENTRE

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OLYMPIC YOUTH  
DEVELOPMENT  
CENTRE  
ZAMBIA

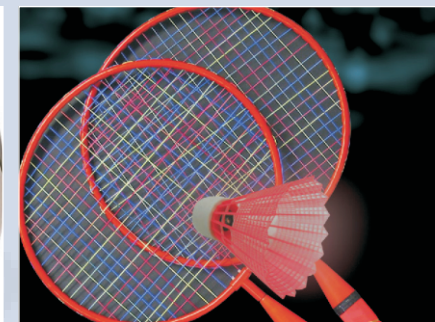
## SPORTS FOR HOPE PROJECT



## BACKGROUND

The Olympic Youth Development Centre (OYDC) is a multi purpose sports facility which was established as a result of the partnership between the Government of the Republic of Zambia and the National Olympic Committee of Zambia. It is the first of its kind, "Sports For Hope" pilot project under the International Olympic Committee whose aim is to change the lives of young people through sport and improve performance of elite Athletes. This complex will provide ultra-modern sport and community development facilities and services.

The centre will host organised sports competitions, sport camps for children and youths. In addition the centre will hold coaches' and sports administrators' seminars and clinics. Its reach however, is greater than sporting facilities alone. The project will provide community development services; Olympic education, girls' empowerment, and health services on HIV and AIDS, malaria and other health



issues for athletes, surrounding communities and the general public. Optimum standards of coaching will be available to all athletes.

## LOCATION OF THE CENTRE

The Centre is located less than 10 minutes drive from Lusaka city's central business area along the Great North Road next to Independence Stadium opposite BEIT CURE hospital.

## MISSION

To provide young people, local communities and the general public with positive sport and lifestyle opportunities and promote the principles and values of Olympism.

## OBJECTIVES

- To give young people the chance to practice sport actively and develop themselves in the Olympic spirit
- To offer athletes modern and professional training opportunities.
- To support coaches and sports administrators
- To organize sports competitions
- To create a meeting place for shared experiences for the local communities and contributing to social development
- To provide educational programmes in collaboration with Olympic solidarity
- To provide health services

## TARGET GROUPS

- Young high performers, upcoming athletes from NFs, sporting NGOs, GRZ agencies, schools and communities
- Sports leaders, teachers and match officials throughout the country

- Underserved populations groups (girls, women and the physically challenged)
- The general public

## PROGRAMMES ON OFFER AT OYDC

The centre is managed by a team of full time and part time staff offering the following:

### 1. Monitoring & Evaluation

- Planning and coordinating facility utilization schedules
- Developing and administering monitoring and evaluation tools
- Monitoring and evaluating all sports programs by NFs and centre volunteers
- Initiating and conducting periodic research and surveys in sport within the catchment area

### 2. Outreach

- Networking and co-ordinating with implementing partners
- Coordinating and managing trainings of coaches
- Coordinating, supporting and developing volunteers
- Coaching and supervision
- Coordinating recruitment, training, placement and retention of activity leaders

### 3. High Performance Sports

- Planning and coordinating high performance training and competition programs with National Federations
- Coordinating and assessing capacity building programs for National Federations
- Planning and coordinating relevant facility utilization schedules for High Performance Athletes
- Planning and coordinating Olympic values education activities
- Coordinating Olympic Solidarity programs
- Coordinating sports coaches internship programs

### 4. Education and Health

- Identifying and coordinating health initiatives
- Raising awareness of anti doping issues in sport among athletes
- Promoting issues of child protection in sport and other development issues
- Raising public awareness of health and fitness issues
- Promoting life skills in HIV/AIDS, Malaria and drug abuse in sport
- Promoting the use of culture education in sport
- Networking and co-ordinating with implementing partners

### 5. Community development

- Liaising with stakeholders for community mobilisation and organisation
- Identifying the need and demand for sport among